

Building People

Winter '09

News and Information from Lindsay Construction

TILT-UP



ABOVE LEFT: the new Windsor Curling Club in Windsor, Nova Scotia ABOVE RIGHT: the indoor rink
BELOW: decorative concrete embossing to building exterior

Windsor Curling Club Rises from the Ashes

PROJECT: Windsor Curling Club
SIZE: 15,000 sq.ft.
DETAILS: single-storey curling facility
START/FINISH: mid-June to October '08
METHOD: Tilt-Up Design-Build
DESIGNERS: Lindsay

its durability, insulating value, and as you can imagine in this case, fire-resistance,” says Lindsay Project Manager Peter Cox. A light-reflecting R40 white Fleeceback roof covers Tilt-Up sandwich wall panels with R20 insulation in the rink area and R40 in the viewing area. An HVAC system allows waste heat from the ice-making process to be recovered to warm the floor slab in the viewing area or heat the air in the rink area. Lighting is controlled by motion sensors, which in turn run the ventilation and exhaust systems, reducing energy usage in unoccupied areas of the facility.



ON SEPTEMBER 25th, 2007 a fire destroyed a nearly century-old curling club in the town of Windsor, Nova Scotia. One year later, the town celebrates the opening of a brand new curling club, a Lindsay Construction Design-Build project built on the same site.

This new Tilt-Up Concrete facility includes a state-of-the-art rink, viewing area, bar, kitchen and dressing rooms, and was constructed with energy efficiency as a top priority. “Tilt-Up was chosen for

“Initial discussions with Lindsay Construction were positive and created an atmosphere of understanding and trust that extended through to those working on the job site,” says Windsor Curling Club President Rae Winkelaar. “With Lindsay expertise, a new curling facility has been created that will provide Windsor and the surrounding area with an appropriate and environmentally sound structure that will exist well into the future.”

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COMING NEXT ISSUE

This year J.W. Lindsay Enterprises marks 50 years of service to the Atlantic Region with a new name and updated logo. Watch for the next issue as we look back in time to celebrate where we have come from, and take a look ahead to see what the future holds.

Lindsay
CONSTRUCTION
BUILDING PARTNERS



UPDATES

Halifax Shipyards D200 Roof

Lindsay Construction is currently working on its largest roofing project to date, using the Carlisle FleeceBack system in a combination of retrofit and reinstatement for 6 acres of roof at Halifax Shipyards. Serving as a maintenance facility for military ships, 70% of the D200 building possesses a sloped metal roof requiring a retrofit, while the remaining flat ballasted roof was removed down to the metal decking, and built up again using vapour barrier, insulation and FleeceBack. "The light weight FleeceBack system requires no reinforcement to the existing roof and no opening of the roof to the weather," points out Lindsay Roofing Project Manager Curtis Turner. This method allowed normal operations to continue during the course of the project, a prime advantage of the fast and non-disruptive application.

Moncton office moves

Lindsay Construction continues to provide full construction services to New Brunswick and surrounding areas from its branch office in Moncton, now from a new address on St. George Street.

With support from the Head Office in Dartmouth, Nova Scotia, Lindsay Construction offers Construction Management, Design-Build, General Contracting, Tilt-Up Concrete, Pre-Engineered Metal Buildings, Royal Building Systems (RBS) and more. This year marks 50 years of dedication to providing quality service and workmanship, fast-track schedules, and adherence to budgets. For further information contact Project Manager Andrew Myers, P.Eng, care of Lindsay Construction, Suite 110, 1070 St. George Street, Moncton, New Brunswick E1E 4K7 Tel: (506) 384-5001 ext. 245 Email: andrew.myers@jwllindsay.ca

Building the Atlantic Canadian Market

Building on a long list of successful projects throughout Atlantic Canada, Lindsay continues to explore this vibrant market.

In St. John's, Newfoundland Design-Build construction is currently underway on 2 new Pre-Engineered Component Buildings for Metro Self Storage. Tilt-Up Concrete construction also continues to grow in popularity, most recently for an addition to the Carpenter's Union Building. In New Brunswick, Lindsay Construction has been awarded a Design-Build contract for the construction of a music hall and ancillary spaces for the Department of National Defence in Gagetown. As this publication goes to print staff at Charlottetown Toyota in Prince Edward Island are getting settled in their new dealership, which has introduced Tilt-Up Concrete construction to the Island for the first time.

"We recognize that clients are looking for the type of services we provide, especially Design-Build," says Kirby Putnam, Lindsay Construction Vice President of Business Development. "We are excited and optimistic about construction opportunities at home in Atlantic Canada and expanding our client list in 2009."



TILT-UP

Bringing Tilt-Up to Charlottetown

PROJECT: Charlottetown Toyota dealership
SIZE: 25,240 sq.ft.
DETAILS: car dealership
START/FINISH: April - June '08
METHOD: Tilt-Up
DESIGNER: KA Designs

CHARLOTTETOWN TOYOTA HAS PROVIDED a welcome opportunity for Lindsay Construction to showcase Tilt-Up construction on Prince Edward Island. The first major Tilt-Up building in the province, the new Charlottetown Toyota facility is a sleek, modern example of the versatility and beauty of the product. Lindsay Project Engineer Amanda McNeil's constant presence on-site ensured that everything ran smoothly, and owner Jeff MacLennan is pleased with the result. "We really like Tilt-Up. That was part of the reason we chose Lindsay, and we are very satisfied with the facility and their professionalism."

Lindsay Construction is poised to begin another Tilt-Up project on the Island with a freezer facility in Souris, as the company continues to explore this vibrant market.

"We really like Tilt-Up. That was part of the reason we chose Lindsay, and we are very satisfied with the facility and their professionalism."

— Jeff MacLennan *Owner, Charlottetown Toyota*

LEFT: Charlottetown Toyota exterior view
BELOW: Charlottetown Toyota interior view



TENANT UPFIT

A New Environment for Mic Mac Dental

PROJECT: Mic Mac Dental Centre
SIZE: 5,000 sq.ft.
DETAILS: single-storey dental office upfit
START/FINISH: April - June '08
DESIGNER: KA Designs

LINDSAY PROJECT MANAGER GREG Cooper has 4 top priorities for any project: Schedule, Budget, Safety, and Quality. Adhering to these high standards while working in a mall environment is especially challenging, since many sub trades are working together in close quarters. The recent completion of the new Mic Mac Dental offices in Dartmouth, Nova Scotia is a positive example of how Lindsay Construction experience comes into play under these circumstances. "I was particularly impressed with the excellent coordination and control of subcontract work and Lindsay's ability to meet the target completion

date right on," says Gordon LeBlanc, Mic Mac Dental Contract Manager.

In the 18 operatories, large waiting room and raised-platform administrative area the beauty lies in details such as frosted sliding glass doors, comfortable rubberized tile flooring and an abundance windows. Minimum disruption to other building tenants during the renovation was an important consideration. Special features including dental chairs necessitated drilling 122 core holes for electrical and plumbing through the floor slab, potentially affecting 2nd floor tenants below. "We are proactive, rather than reactive," says Cooper. "We communicated ahead of time with other tenants to discuss their needs, and by working evenings for 3 weeks we were able to keep everyone happy." He credits Superintendent Matt Crosby and Foreman John Hanes for effectively leading the trades in keeping the job running smoothly and maintaining good communication between all parties.

For Mic Mac Dental the end result is a beau-



ABOVE: The front entry at Mic Mac Dental welcomes patients to a spa-like environment, carried through all areas including the foyer (LEFT) and waiting area (RIGHT).

tiful spa-like environment that carries through the entire space for the enjoyment of staff and patients alike.

An Updated Home for Wickwire Holm

PROJECT: Wickwire Holm law firm
SIZE: 14,000 sq.ft.
DETAILS: 2-storey office renovation
START/FINISH: late June - early November '08
DESIGNER: Mac Interior Design Inc.

LOCATED IN THE HEART of downtown Halifax, Wickwire Holm's newly updated office space reflects this prestigious law firm's commitment to respond to an ever-changing business environment.

Lindsay Construction acted as General Contractor for this high-end renovation, which took place in 5 carefully orchestrated phases beginning in June of 2008. The project required a superior level of finishes throughout the space, including everything from the marble tile in the lobby to detailed walnut millwork (such as recessed window partitions) and copious glass mosaic tile in the kitchen areas. Walls were re-worked and, in some cases, relocated to change the configuration of individual offices. Electrical and plumbing were also modified, in addition to some new ceilings, flooring and

paint throughout the entire two floors.

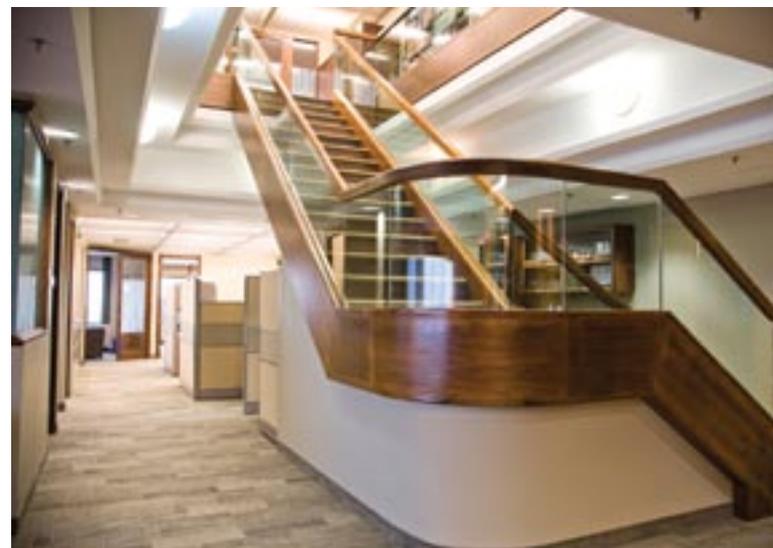
For Lindsay Project Coordinator Trevor Cairns the greatest challenge lay in working around office staff and building tenants, all of whom were present during the renovations. The end result is a beautiful and modern space that reflects the spirit of Wickwire Holm.

RIGHT: the bright, contemporary boardroom



RIGHT: The staircase to the upper floor library

BELOW: office with glass door panels



SERVICES/CONTACTS

Design-Build:

Peter Cox, Kirby Putnam,
Laurence Smith

Pre-Engineered Metal Buildings:

Peter Cox, Kirby Putnam,
Ben Stokdijk

Tilt-up Concrete Buildings:

Kirby Putnam, Laurence Smith

RBS Buildings:

Peter Cox,
Kirby Putnam, Ben Stokdijk

Construction Management:

Cory Bell, Kirby Putnam

Estimating:

Peter Riley, Scott Saccary

General Contracting:

Cory Bell, Greg Cooper,
Ben Stokdijk

LEED Buildings:

Andy Knowles, Amanda McNeil,
Jon Soehl

Small Jobs and Miscellaneous

Service Work: Gordie Bishop,
Aaron McCardle, John MacRae,
Trevor Nicholson, Bob Salsman,
Karl Wyllie

Roofing:

Curtis Turner, Ernie Porter

Roofing Service Work:

Curtis Jordan, Curtis Turner

Metal Cladding and Metal

Roofing: Curtis Turner

Cladding Service Work:

Bob Salsman, Curtis Turner

Asbestos Abatement & Removal:

Gordie Bishop

Concrete Coring & Sawing:

Kevin Cordeiro, John O'Neil

Concrete Repairs:

Karl Wyllie

Custom Millwork & Cabinetry:

Gordie Bishop, Mannie Lewis

Steel Stud, Drywall & Suspended Ceilings:

Gordie Bishop, Trevor Nicholson,
Bob Salsman, Karl Wyllie

Custom Sheet Metal/ Miscellaneous Metals:

Mannie Lewis, Curtis Turner

TENANT UPFIT

Only the Best for Best of Being Wellness Studio + Spa

PROJECT: Best of Being Wellness Studio + Spa

SIZE: 3,500 sq.ft.

DETAILS: wellness studio/spa tenant upfit

START/FINISH: mid-August to mid-October '08

DESIGNER: Breakhouse

THE WEBSITE FOR Best of Being Wellness Studio + Spa declares their mission to "promote health maintenance, disease prevention, and physical and emotional well-being in a supportive sophisticated day spa environment."

Located in the Banc Place building at the gateway to the Bedford Commons retail development (see *Lindsay Building People Winter 2008*), Breakhouse's design for the spa included a complex floor plan and highly detailed custom finishes to be carried out within a tight 8-week deadline. "It is an interesting high-end spa with lots of custom features," comments Lindsay Project Coordinator Trevor Cairns. "With so many small rooms and so much detail packed into a relatively small space,

Lindsay's staff are to be commended..

– Dr. Allison McCallum Owner, Best of Being Wellness Studio + Spa

we had to stay organized and on schedule to manage all the manpower on-site."

From bare shell to finished product, Lindsay Construction worked with designers at Breakhouse and Project Manager Doane Construction Services to exceed expectations of Dr. Allison McCallum, Owner of Best of Being. "Lindsay's staff are to be commended for their hard work and dedication to getting the job completed. Lindsay Superintendent Brian Hirtle was tremendous and went above and beyond the call of duty. I was very pleased with how they were able to provide value added alternatives to the design."

BELOW/INSET: superior finishes set the tone for interior spaces at Best of Being Wellness Studio + Spa



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